

**Board of Trustees
Douglas County School District**

PROGRAMS

WELLNESS

The Douglas County School District promotes healthy schools by supporting wellness, good nutrition, and regular physical activity as part of the total learning environment. The District assures a healthy environment where children learn and participate in positive dietary and lifestyle practices. By facilitating learning through the support and promotion of good nutrition and physical activity, schools contribute to the basic health status of children as well as maximizing their learning abilities. Good health optimizes student academic performance, which contributes to all children reaching their highest potential as productive, responsible citizens.

The Board of Trustees will direct the administration to periodically review and revise the wellness regulations including curriculum, nutritional guidelines for all foods available on district campuses during the school day, physical activity, and school based activities.

[See Administrative Regulation related to this Policy](#)

Date: Adopted: 4/11/06

Board Policies:

806BP Food Services
807BP Free and Reduced Rate Meals
808BP Competitive Food Sales
808AR Competitive Food Sales

Reference:

Child Nutrition and WIC Reauthorization Act of 2004
Federal Public Law PL 108.265-265
Nevada State Board of Education – State School Wide Wellness Policy