

Northern Nevada School Wellness Conference

Location: Truckee Meadows Community College - Dandini Campus

Date: 3/16/2019

Rooms		SIERRA 212	SIERRA 116	SIERRA 115	SIERRA 211	SIERRA 117
Time		Physical Activity	Competitive Foods/Fundraising	Nutrition Standards & Education	Wellness Policy Implementation	Wellness Policy Support
7:30-8:00	Registration	Registration - NDA Staff (Coffee & Yogurt sponsored by Nevada Dairymen)				
8:00-9:00	Welcome	Keynote Speaker - Chef Ann Cooper (Sponsored by Nevada Department of Agriculture) - Sierra 108				
9:00-10:00	Session 1	Wellness Policy 101 - Core Purpose Consulting (Sponsored by NDA) - Sierra 108				
10:00-10:15	Break	Brain Break (Sponsored by Dairy Council of NV)				
10:15-11:00	Session 2	5210 Healthy Washoe - Dr. Steven Shane, Community Health Alliance	Fundraising Alternatives / Incentives & Rewards - Katie Schartz, Carson CSD/Aramark	Nutrition Standards in the Wellness Policy - Brittany Mally, Douglas CSD	Roles and Responsibilities of a School Wellness Coordinator - Bobbie Davidson, NDA	Farm to School and the Wellness Policy - Chef Ann Cooper
11:00-11:05	Transfer	Move to Next Session				
11:05-11:50	Session 3	Creating Wellness at Your School - Nevada Dairymen / Fuel Up to Play 60 and AHA	Navigating Competitive Foods - Cindy Rainsdon, WCSD Nutrition Services	Nutrition Education - Aurora Buffington, UNCE and Kerry Kelly, FBNN	Create Your Own School Wellness Policy - Core Purpose Consulting	Farm to School and the Wellness Policy - Chef Ann Cooper
11:50-12:50	Session 4 - Working Lunch	Working Luncheon (Sponsored by Northern Nevada Medical Center) – Sierra 108 Resource Round Up Exhibitors: Nevada Dairymen/Fuel Up Play 60, WCSD Nutrition Services, Northern Nevada Medical Center, University of Nevada Cooperative Extension, Nevada Department of Agriculture, Community Health Alliance, FBNN, Urban Roots, American Heart Association, High Sierra AHEC				
12:50-1:35	Session 5	5210 Healthy Washoe - Dr. Steven Shane, Community Health Alliance	Navigating Competitive Foods - Cindy Rainsdon, WCSD Nutrition Services	Nutrition Standards in the Wellness Policy - Brittany Mally, Douglas CSD	Organizing a School Wellness Committee - Kylie Russel, UNCE	Health Matters - Dr. Amanda Magrini, NNMC
1:35-1:40	Transfer	Move to Next Session				
1:40-2:25	Session 6	Creating Wellness at Your School - Nevada Dairymen / Fuel Up to Play 60 and AHA	Fundraising Alternatives / Incentives & Rewards - Katie Schartz, Carson CSD/Aramark	Nutrition Education - Aurora Buffington, UNCE and Kerry Kelly, FBNN	Wellness Engagement: Staff, Students, Parents & Community - Core Purpose Consulting	Health Matters - Dr. Amanda Magrini, NNMC
2:25-2:40	Break	Brain Break (Sponsored by Dairy Council of NV)				
2:40-3:25	Session 8	Wellness Champion Panel facilitated by Chris Lineberry, Core Purpose Consulting - Sierra 108				
3:25-4:10	Session 7	Finding your Why - Core Purpose Consulting (Sponsored by NDA) - Sierra 108				
4:10-4:30	Close	Closing Remarks - NDA Staff (Collect Pre/Post-Surveys & Raffle) - Sierra 108				